

A WORD ABOUT THE NOVA SCOTIA GIRL CONFERENCE

– a violence prevention event for teen girls

Cape Breton Girl Conference - Wednesday Nov 23rd
North Star Hotel and Conference Centre, North Sydney

Halifax Girl Conference - Thursday Nov 24th
Exhibition Park Centre, Halifax

Girl Conference is violence against women conference specially designed to meet the needs of teenage girls between the ages of 13 to 19 years. Girl Conference tours in communities throughout the nation. Our goal is to empower young women with the resources that will help them avoid abuse and assault.

Girl Conference features a mixed assortment of presentations from safety experts, frontline professionals like rape crisis workers and police officers, self-defense instructors, survivors of abusive relationships and sexual assault. ***Girl Conference*** features musical performances from female artists who have been touched by violence, which is reflected in their music.

Girl Conference was originally created by Paul Henry and The White Tiger Group to commemorate December 6th. 1989 This date is the National Day of Remembrance and Action on Violence Against Women in Canada. Established in 1991 by the Parliament of Canada, this day coincides with the sad anniversary of the death of 14 women who were tragically killed on December 6, 1989 at l'École Polytechnique in Montreal. Beyond commemorating the loss of these fourteen young lives, this day represents a time to pause and reflect on the phenomenon of violence against women in our society. .It also provides us with an opportunity to proactively reach young girls with the knowledge that will help reduce their chances of being victimized, as well as make girls stronger.

Girl Conference initially began at Montreal's Hotel Ruby Foos in 2006. The conference first expanded to Ottawa, Canada in 2007. In 2008, a ten city Canadian tour was planned which visited Montreal, Ottawa, Toronto, London, St Catharines, Cornwall, Belleville, Halifax, Moncton and Saint John.

Girl Conference first expanded in the US in April 2009 Visiting Albany NY and Burlington VT followed by several more dates in Arizona. **The event** now visits six US States and four Canadian Provinces with 20 show dates planned the 2011 -2012 academic school year

Girl Conference is an educational fieldtrip just for Girls. Teachers, guidance counsellors', youth workers, school social workers, school administrators or other professionals organize groups of teen girls to attend. Many receive partial or full funding from home and school committees, violence prevention grants, principals, community agencies or women's shelters

NOVA SCOTIA GIRL CONFERENCE SERIES



Presented by Paul Henry & The White Tiger Group

Violence against women conference for teen girls

Cape Breton Girl Conference - Wednesday Nov 23rd

North Star Inn and Conference Centre, North Sydney

Halifax Girl Conference - Thursday Nov 24th

Exhibition Park Centre, Halifax

Topics may include: Sexual assault prevention, self-defense, drug rape, abusive relationships, stalking & harassment, date rape, party safety and more

Speakers include: Survivors of abuse, frontline professionals, safety experts and female recording artists that have been touched by violence

1-877-685-8880 fearlesstiger@hotmail.com www.fearlesstiger.com

\$17 PER STUDENT tax incl.

TEACHER/ADULTS FREE WHEN ATTENDING WITH TEEN GIRLS

COST AND REGISTRATION FOR NOVA SCOTIA GIRL CONFERENCE

O CAPE BRETON / North Sydney Weds Nov 23rd

O HALIFAX Thurs Nov 24th

Teen girls (13 yrs to 19 yrs) \$17 per girl taxes included

Adult rate \$50 / - Teachers & Parents are free with teen girls

SCHOOL NAME _____

CONTACT PERSON _____ TEL _____

EMAIL _____ POSITION - DEPT _____

NUMBER OF FREE ADULTS _____ NUMBER OF STUDENTS _____

NUMBER OF PAID ADULTS _____ TOTAL AMOUNT TO PAY \$ _____

TOTAL AMOUNT OF SEATS NEEDED _____

O I will fax reg form & mail check prior to event

O I will fax reg form & bring check with me to the event

O I will fax reg form, invoice at the event and I will pay later within 30 days

- 1. CALL US TO VERIFY IF THERE IS SPACE LEFT FOR YOUR GROUP**
- 2. FAX US YOU REGISTRATION FORM AT 514-684-6914**
- 3. MAIL CHECK AND REG FORM TO US**
- 4. WE WILL EMAIL YOU CONFIRMATION ONCE IT IS RECEIVED**

CHECKS PAYABLE TO: **PAUL HENRY & The White Tiger Group**

MAIL REGISTRATION FORM TO:

**PAUL HENRY & The White Tiger Group
P O BOX 212, Montreal, Quebec H3X 3T4**

1-877-685-8880 / fearlesstiger@hotmail.com / www.fearlesstiger.com

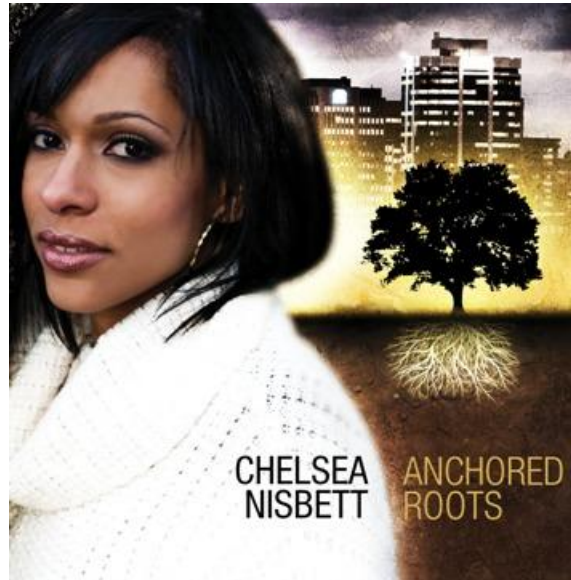
FEATURING MUSICAL PERFORMANCES BY:

Shaharah



www.shaharah.com

Chelsea Nisbett



www.chelseanisbett.com

Singer/ songwriter **Shaharah** performs and speaks to the girls about her experiences with a controlling and abusive boyfriend... and how she found the strength to leave him and pursue her dream of making music



Girl Conference is hosted by Paul Henry Danylewich.

Paul Henry is a Personal Safety Expert and author of **“FEARLESS: The Complete Personal Safety Guide for Women”** He is the director of the White Tiger Group: A group of self-defense instructors that specialize in training women and girls since 1994. His safety advice has been featured in major news publications around North America including the Toronto Star and Chicago Tribune. Paul Henry has been a guest safety consultant to NBC television appearing and providing safety advice on nationally syndicated shows like The John Walsh Show and Dateline

A SURVIVORS STORY a young woman who experienced an abusive relationship in high school will tell her story. She will discuss the many warning signs of controlling and abusive behavior as well as the different forms of control that an abuser may use. Hear about how she found the courage to leave her situation.



Sarah Scanlon is a feminist and activist who loves to talk publically(a lot and loudly) about sexuality, healthy relationships, ending violence, and making change. She is very lucky to do what she loves most for her work as the Public Education and Outreach Coordinator at the Sexual Assault Centre London, Ontario. Sarah is driven by the idea of a world in which girls everywhere realize that we are not alone, that we are all seen, heard, loved and that we are enough just for being.

As women we are often treated badly or differently solely because we were born women and through media it becomes normal. When we start to discuss language, media and gender we can see that harmful things are being taught about women and relationships. This workshop unpacks the ways in which women are taught unhealthy things about themselves and their relationships and gives idea on how to move forward in a way that is healthy for everyone. It looks at the way in which young women need to make conscious choices about relationships, understand what they expect from other people and have open communication with partners about intimate issues.

EVENT OUTLINE – SUBJECT TO CHANGE Doors open at 9 am

9:00- 9:30 REGISTRATION / PSA VIDEOS PLAY FOR AUDIENCE

9:30 – 10:00 INTRODUCTION TO CONFERENCE & MEMORIAL TRIBUTE TO THE VICTIMS OF DECEMBER 6TH 1989 *by Paul Henry Danylewich*

10:00 – 10:30 STAYING SAFE IN DANGEROUS SITUATIONS, INCLUDING ROLE PLAY SCENARIOS *by Paul Henry Danylewich*

10:30: 11:00 SELF DEFENSE 101 by Mya

11:00 – 11:30 Musical Performance by SHAHARAH

11:30 – 12:30 LUNCH ON YOUR OWN

12:30 – 1:00 A SURVIVOR'S STORY by TBA

1:00 – 1:30 "Being a Girl" by SARAH SCANLON

1:30 – 2:00 locale presentation tba

2:00 – 2:30 Musical Performance by CHELSEA NISBETT

EVENT ENDS AT 2:35

Community-based agencies that wish to table resources at this event are urged to contact us